

# 10 DAY MEDALIST WINNERS

LOG 10 SUSTAINABLE COMMUTES TO BE A WINNER!

## How to be a 10 Day Medalist if you do NOT work a typical 5-day work week.

If you are not scheduled to work 10 days during the 2-week challenge or you are out of town for a portion of the time, you can still achieve the highly coveted 10 Day Medalist status! Simply follow these steps:

### 1. LOG YOUR SUSTAINABLE COMMUTES

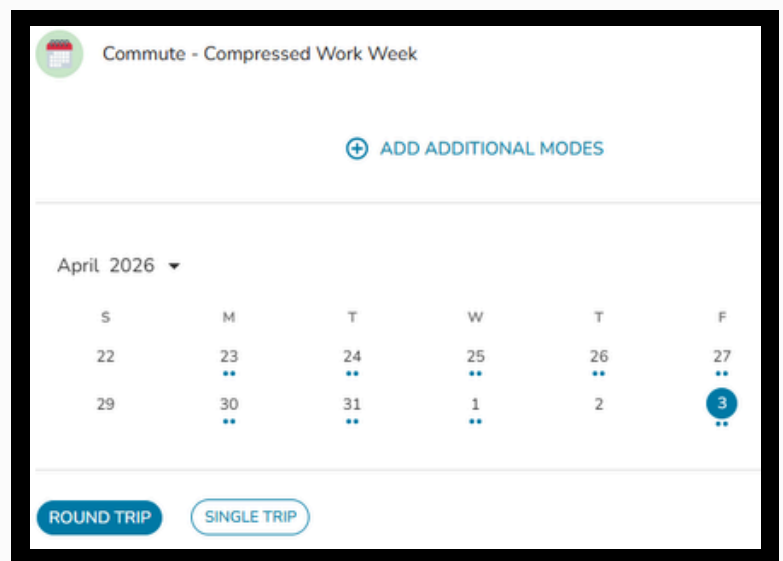
First, go ahead and log the trips for the days you did work (if you did, in fact, use sustainable transportation on those days).

### 2. LOG COMPRESSED WORK WEEK COMMUTES

For the additional number of days you need to log a trip in order to have a total of 10 days with sustainable commutes, log a regular trip for each of those days including the same start (home) and end (workplace) destination. Then select "Commute - Compressed Work Week" as your Mode of Travel.

### HERE'S AN EXAMPLE:

Connie the Commuter is a nurse and only scheduled to work 3 days for both weeks of the Commuter Challenge. She commutes by bike each of the 6 days that she works a shift. Connie would first log the 6 trips for the days that she commutes, entering her start and end points and selecting "Commute-bike" as her Mode of Travel.



Next, she would select the 4 remaining days during the challenge (10 days total - 6 days worked = 4 days that need sustainable commute logs). For those 4 days, Connie would log trips with the same start and end destinations and select "Commute- Compressed Work Week" as her Mode of Travel. Now she's eligible for a 10 Day Medalist prize!

Email: [MIM@missoulainmotion.com](mailto:MIM@missoulainmotion.com)

Call: 406-552-6675